



# GURPREM

Pritam Spiritual Foundation (regd. Charitable Trust), Bachhitter Nagar, Near Radio Station, Poonch, J&K-185101  
India Ph: 00-91-1965-221038 <http://psf.faithweb.com> ..... June 2008

## FROM THE PRESIDENT'S DESK

Most of the time you have been associating your trust's name with a social cause of providing artificial limbs to physically challenged people who lose their limbs due to militancy, firing across the line of control between India and Pakistan, mine blasts and earthquakes.

Besides you will be pleased to know that your trust has also been providing immense services to poor people through cataract operations and providing them free laser treatment and lenses. We have organized several eye camps in Poonch, Rajouri, Bhimber Gali and other adjoining towns and have provided cataract operation facilities to a large number of beneficiaries. Today almost every village in these districts has some one or other as a beneficiary of these noble activities.

Trust you'll like to know more about our activities towards eye care and hence we are dedicating this newsletter for eye care services to poor people.

Thank you  
Prof. Jagbir Singh Sudan

## SERVICES FROM THE TRUST BEING HONOURED BY MINISTERS



People from our Trust have been spending lots of efforts in surveying villages and identifying the genuine people, who need support. Mrs. Jasbir Kaur is here talking to Sanawala, who is 70 years old, belongs to village Gagroian, Mandi and has been living on pension of Rs.300 per month (which is even less than 8 USD or 4 GBP).



Trust also met two young girls: who had been blind since birth. Their check-ups through specialist doctors revealed that same could be cured through specific surgery. All medical facilities were arranged for both girls. Soon they could understand the meaning of eye-sight, see their mother, father and different colours in life. The happiness on their face was unbelievable.

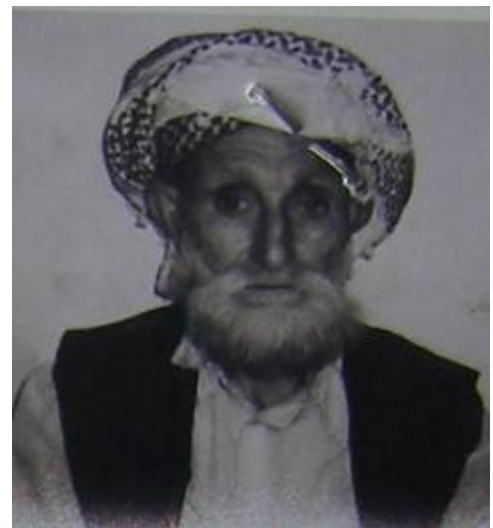
Misri Lal is 80 years old from village Gulpur. The successful operation for his both eyes has been very satisfying not only to him but also to his village people.

Shaeen Akhtar is hardly 8 years old from village Shapur and in such an early age, her eyesight from both eyes was impaired. Luckily doctors could save her eyesight and she could once again start seeing normally.

Manieera Bee is wife of late Faqir Din. She is 60 years old and from locality Alla Pir in Poonch. She developed cataract in her both eyes. Trust could organize her operation in time and thus saved her complete eyesight.



Mohammad Shafiq is a 15 years old young boy. He is very intelligent but because of problems in both eyes, he has been finding himself always handicapped in the class. Soon after Trust people met him in Chandak village, he was provided with all medical facilities for successful operation and the resultant happiness on his face afterwards has started reminding everybody in his school to help others in need.



Fatima Bi is 65 years old from village Kalai. Ever since she developed cataract in her left eye, her husband Mohmd. Sharif has been extremely worried about how to arrange funds and medical facility for Fatima so as to save her eye-sight. Luckily his village people asked him to contact Trust and here Trust's credibility came to their rescue. Not only Fatima's operation was organized but Trust also provided care after operation since they had no means for this.

Hyder Khan is 70 years old and belongs to a very remote border village Bhanis. When Hyder developed problems in his vision, people in his village were wondering how to even take him to hospital for check-up. They could not figure out if this was cataract and if this is curable. During survey Prithpal Singh ji and Munshi ji from Trust met him in his village and immediately identified him as a really genuine person. Not only transport was organized for him with great difficulty in this tough terrain, but also all medical facilities during next eye camp. Today hyder is very satisfied with his eyesight and is very pleased to say that he can still read his holy Kuran.



During last camp to provide artificial limbs to physically challenged people, Dr.Avtar Singh also joined from Punjab, completed eye-check-up and provided complete eye-care facilities including free medicines to people.

Three elderly handicapped women even had tears in their eyes when they expressed their feelings about the selfless service they had received during camp days.



After we identified several people in need of eye-operations, next challenge was to convince specialist doctors to conduct surgery and provide pre and post operation facilities. We were fortunate to meet Dr.Anil Bhalla and his dedicated team. These people worked for many days in different intervals and attended all patients with utmost care.

Besides professional skills, people were extremely satisfied how these doctors replied to each small query from patients.

Some of their concerns would have been of no significance for people who are guaranteed a full meal each time. Doctors realized their background and concerns and accordingly remained very patient. In the materialistic world now, having come across such doctors was also a very important success factor for all eye camps.



While talking about eye camps, one can never forget the initiative and support we have received from Gen. S.V.P. Singh as well as Jasraj ji from SriGanganagar. General S.V.P. Singh initiated several times to host camp, provide medical facilities and even came personally to speak to patients during operation.

Jasraj ji came from Sriganganagar several times with 40 sets of lenses each time so that not even a single identified person should stay unattended. Everybody must get proper lense and required medicines – has been the single most important motive of our Trust.

Here are two group photographs of patients after a recent eye camp. An old lady, Jareena Bi in this camp was so overwhelmed by the service and active participation of our children that she even started saying, "Allah tumhere bachhon ko itne bakhshishein de jitney mere sir mein baal" i.e. "May God bless your children as many times as I have number of hair in my head". People get involved and feel for each other during these camps and this kind of care for each other is definitely appreciable.



### Celebrated Urs Mubarak on 18<sup>th</sup> May 2008

Trust also celebrated Urs Mubarak of Sain Allahi Baksh Saheb, who has been the sole inspiration and guiding force behind all these services. During these Urs days, langars are arranged and all sorts of day-to-day items are distributed among people in need.

Poor people of this Battelkote region wait for one full year for this day when they they have a great feast by their standard. For heath and fitness conscious people in big cities a bowl of pulao with two vegetables and kheer or halwa may no longer be a point of attraction due to enough availability of all daily requirements, but some of these poor people don't even know if they will get the next meal at all. Once when we got late in distribution by few minutes and conveyed our apology, an old person asked us not to apologize since his point was, "Saheb, hum gareibon ko jab khana naseeb ho jaaye bas whai khane ka time hota hai otherwise koi time nahin hota" i.e. "We poor people have no fixed time for food. If and when we get it with grace of God, that is it."



This newsletter is a forum for all of us to come together and keep in touch. GURPREM will bring us closer.

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